

"APPROVED" by
The Honorary President of
CLUB VITRY GR

Elena VITRYCHENKO
26.12.2018



X INTERNATIONAL TOURNAMENT VITRY CUP + Junior OFFICIAL INVITATION

2019

Dear friends of gymnastics!

CLUB VITRY GR and the Municipality of Lloret de Mar are pleased to invite you and your talented gymnasts to participate in X International rhythmic gymnastics tournament VITRY CUP + Junior, which will be held 26-29.06.2019 in Lloret de Mar, Girona, Spain.



https://youtu.be/09ht6Vx_oS4
 <https://youtu.be/A1aiGOiJ4ZI>
 <https://youtu.be/Tfxqb7pYklc>
 <https://youtu.be/8BFHpDKIE7M>
<https://www.facebook.com/igor.vitrychenko/videos/1815366248728968/> ,
 <https://www.facebook.com/igor.vitrychenko/videos/1964114873854104/>
<https://www.facebook.com/PlacesAndPeople/videos/1815313935213210/>

1. ORGANISING COMMITTEE	Club Vitry Gimnastica Ritmica, Pl. Melcior Montero y Vert, 2, 2, 2, Ajuntament de Lloret de Mar, Lloret de Mar, Girona, Spain
2. GOALS AND APPARATUSIVES	<ul style="list-style-type: none"> - Promotion and development of gymnastics; - Improving gymnasts' skills; - Exchange of experiences and strengthening of relationship between the athletes proceeding from various cities and countries.
3. VENUE	<p>Adress: PAVELLO d'ESPORTS MUNICIPAL, Dels Mestres street w/n, Lloret de Mar, Girona, Spain.</p> 
4. DATES	June 26-29, 2019

	born	category A	category B
5. AGE CATEGORIES AND PROGRAM	2013 & younger	w/a Max: 6 difficulties D: max. 3.0 (w/a)	w/a Max: 5 difficulties D: max. 2.0 (w/a)
	2012	w/a + 1 apparatus by a choice (rope, hoop, ball, clubs, ribbon) Max: 7 difficulties D: max. 3.50 (w/a), 4,0 (apparatus)	w/a Max: 6 difficulties D: max. 3.0 (w/a)
	2011	w/a + 1 apparatus by a choice (rope, hoop, ball, clubs, ribbon) Max: 7 difficulties D: max. 4.00 (w/a), 4,50 (apparatus)	w/a + 1 apparatus by a choice (rope, hoop, ball, clubs, ribbon) Max: 6 difficulties D: max.3.50 (w/a), 4,00 (apparatus)
	2010	2 apparatuses by a choice (rope, hoop, ball, clubs, ribbon) Max: 7 difficulties D: max. 5.5	w/a + 1 apparatus by a choice (rope, hoop, ball, clubs, ribbon) Max: 7 difficulties D: max.4.00 (w/a), 4,50 (apparatus)
	2009	2 apparatuses by a choice (rope, hoop, ball, clubs, ribbon) Max: 7 difficulties D: max. 6.00	w/a + 1 apparatus by a choice (rope, hoop, ball, clubs, ribbon) Max: 7 difficulties D: max. 4.50 (w/a), 5,00 (apparatus)
	2008	2 apparatuses by a choice (rope, hoop, ball, clubs, ribbon) Max: 7 difficulties D: max. 7.00	2 apparatuses by a choice (rope, hoop, ball, clubs, ribbon) Max: 7 difficulties D: max. 6.00
	2007	2 apparatuses by a choice (rope, hoop, ball, clubs, ribbon) Max: 7 difficulties D: max. 8.00	2 apparatuses by a choice (rope, hoop, ball, clubs, ribbon) Max: 7 difficulties D: max. 7.00
	2006, 2005, 2004 JUNIOR	3 apparatuses by a choice (rope, hoop, ball, clubs, ribbon) (FIG CODE of Points)	2 apparatuses by a choice (rope, hoop, ball, clubs, ribbon) (FIG CODE of Points)
	2003 & older SENIOR	4 apparatuses by a choice (hoop, ball, clubs, ribbon) (FIG CODE of Points)	2 apparatuses by a choice (hoop, ball, clubs, ribbon) (FIG CODE of Points)
6. MUSIC	Musical accompaniment of the exercises in mp3 format should be sent before May 25, 2019 to: vitry@mail.ru or vitryclub@gmail.com indicating the club, the names of the gymnasts and exercises. Please also have a CD exercise as a backup.		
7. AWARDS	Gymnasts who take 1-6 places in the all-around will be awarded with medals, diplomas and prizes. Gymnasts who take 1-3 places (separate apparatuses) will be awarded with medals and diplomas.		
8. DELEGATION	The delegation may consist of: - unlimited number of gymnasts and coaches; - 1 judge (BREVET FIG or national category).		
9. DEADLINES for REGISTRATION	pre-registration	April 25, 2019	
	payment of the registration fee	May 15, 2019	
	nominal registration	May 25, 2019	
	shape of the graph travel	May 25, 2019	
	payment of expenses for accommodation and transfer in hotel XAINE PARK, St. Just Marles 41	on arrival	
10.1 TENTATIVE TIMETABLE	24-25.06.2019 - the arrival of the delegations. 26.06.2019 - credentials committee (hotel XAINE PARK, 09:00 - 20:00); - formal training; - meeting of the judges. 27.06.2019 - formal training.		

<p>10.2 TENTATIVE TIMETABLE</p>	<p>28.06.2019 - 08:00 – 09:00 - warming up; - 09:00 – 19:00 - competition. 29.06.2019 - 08:00 – 09:00 - warming up; - 09:00 – 18:00 - competition; - 18:00 – 19:00 - GALA SHOW 30.06.2019 - departure of delegations. The final schedule of the tournament will be sent to all participating delegations 2 weeks before the event.</p>
<p>11. FINANCIAL CONDITIONS</p>	<p>1. For each gymnasts born in 2013 and younger, 2012-2007 the registration fee is €35; 2. For each gymnasts born in 2006 and older the registration fee is €50; 3. Delegation members aged 16 and older pay the tourist tax in the hotel that is €1,0/day (only during the first week) on their own. The registration fee must be transferred up to May 15, 2019 to the bank account: CLUB VITRY GR IBAN: ES 0300810256 61 000 1102513 SWIFT: BSABESBBXXX The teams and their governing bodies carry out costs associated with the participation of teams in competitions (travel, excursions, accommodation, meals).</p>
<p>12. TOURNAMENT MANAGEMENT</p>	<p>Club VITRY GR and its manager Igor Vitrychenko carry the general management and organization of the tournament. The direct holding of the competition is assigned to the Superior Jury.</p>
<p>13. VISA</p>	<p>Please check in the Spanish Embassy or Consulate if your country requires a visa to travel to Spain. If so, the Organizing Committee will provide the official invitation and any other legal documents for each member of the delegation as visa support. You must ask for such documents at least 5 weeks before your travel (15.05.19). The request must contain the full name, status, gender, date of birth, nationality and passport number, date of expiry of the passport, the date of arrival, date of departure of the delegation, as well as the city, to which must be sent a visa support (look file 4).</p>
<p>14. INSURANCE</p>	<p>All the participants are responsible for the necessary insurance protection against accidents and illnesses. During the competition only first aid will be offered.</p>
<p>15. 1. TRANSPORT</p>	<p>Every delegation pays the trip to and from Spain on its own account. Lloret de Mar is located at 100 km distance from Barcelona and 40 km distance from Girona in the beautiful resort area of Costa Brava. If it's necessary, the organizing committee can meet the delegation at the airport of Barcelona or Girona (look file 5). We offer the following options for transport: - passenger car (4 people.), Barcelona-Lloret - €120, Girona-Lloret - €60; - minivan (8 pers.), Barcelona-Lloret - €170, Girona-Lloret - €120.</p>

15.2. TRANSPORT

- group transfer:

Barcelona - Lloret	
number of people	price
9-15	€300
16-30	€425
31-40	€480
41-55	€510
56-60	€530
61-72	€625

Lloret - Barcelona	
number of people	price
9-15	€235
16-30	€360
31-40	€415
41-55	€445
56-60	€465
61-72	€560

Girona - Lloret	
number of people	price
9-15	€235
16-30	€305
31-40	€325
41-55	€350
56-60	€380
61-72	€460

Lloret - Girona	
number of people	price
9-15	€170
16-30	€240
31-40	€260
41-55	€285
56-60	€315
61-72	€395

The route from Barcelona/Girona to Lloret includes the cost of the meeting guide. Transport services must be paid on your arrival, **26 July 2019** from **09:00 to 20:00** in the hall of **XAINE PARK** hotel.

The closest hotel to the Pavello municipal d'Esports is XAINE PARK (5 minutes walking distance to the beach and to the place of competition).

16.1. ACCOMMODATION

Club Vitry GR offers accommodation in hotel XAINE PARK with half board (breakfast and dinner).

Prices for rooms in this hotel are:

placement	euro/day and night
Single room (1 adult over 12 years old)	€52,00
Double room (2 adults over 12 years old)	€69,50
Double room (1 adult + 1 child under 12 years old)	€69,50
Triple room (3 adults over 12 years old)	€95,00
Triple room (2 adults and 1 child under 12 years old)	€85,00
Triple room (1 adult + 2 children up to 12 years)	€81,00
Quadruple room (4 adults older than 12 years)	€123,00
Quadruple room (3 adults and 1 child under 12 years old)	€110,00
Quadruple room (2 adults and 2 children under 12)	€100,00
Quadruple room (3 adults and 1 child under 12 years old)	€100,00

**16.2.
ACCOMMODATION**

Quintuple room
(5 adults over 12 years old)

€148,00

Quintuple room
(4 adults and 1 child under 12 years old)

€136,50

Quintuple room
(3 adults and 2 children under 12)

€128,00

Quintuple room
(2 adults and 3 children under 12)

€117,00

Quintuple room
(4 adults and 1 child under 12 years old)

€117,00

For the accommodation in other hotels in Lloret de Mar, please be free to contact with the company **Nec Ultra Plus**: Tel/Fax: +34 872 026 882, www.necultraplus.com, tournecultra@gmail.com,
skype: victoria.romanenko4.

Accommodation must be paid on your arrival, **26.06.19**, from **09:00 to 20:00** in the hall of **XAINE PARK** hotel (look file 6).

**17. APPLICATION
MUST BE SENT TO
THE ADDRESS:**

vitry@mail.ru or vitryclub@gmail.com

18. EXCURSIONS

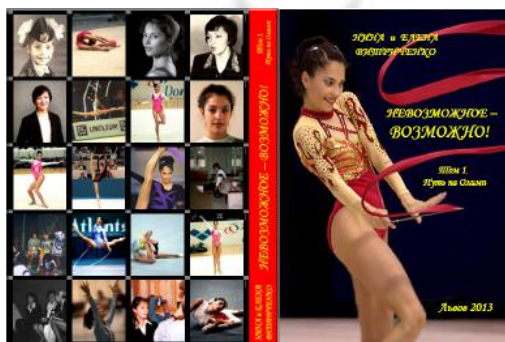
Look file "Excursions". The excursions can be acquired and paid on your arrival, **26.06.19**, from **09:00 to 20:00** in the hall of **XAINE PARK** hotel (look file 7).

**19. BOOKS, DVD-
VIDEO**

Exclusive book "The impossible becomes possible!" (in Russian language, in two volumes), by the authors Nina and Elena Vitrychenko, Publishing House "League-press", Lviv, will be distributed at this event. Each volume is offered with video application "Skill - inspired - perfect!".

1st volume of "The Path to Olympus' 2013 154 c., 182 photos, costs **€20**. Its video application consists of two DVD-video performances until 1997 (125 min.) and the parterre lesson (33 min.) by Elena Vitrychenko.

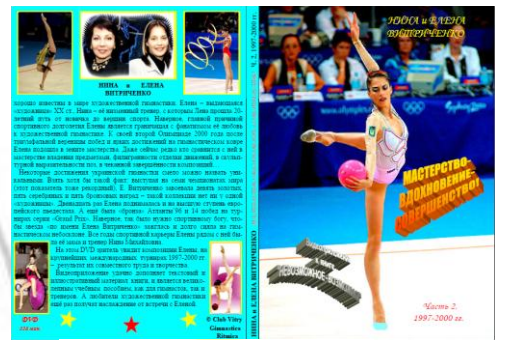
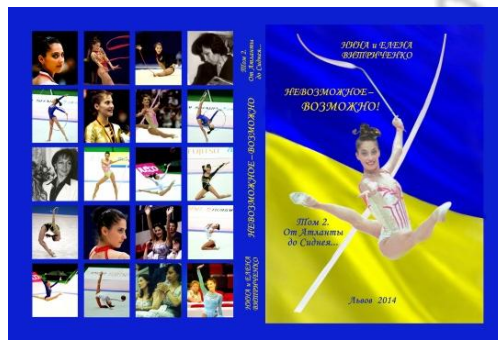
Video applications' price is **€10**.



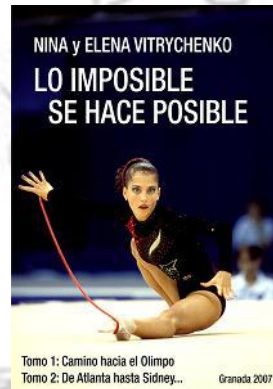
2nd volume of "From Atlanta to Sydney ...", 2014, 374 pp., 335 photos, **€40**.

Its video application consists of two DVD-video presentation by Elena Vitrychenko in 1997 (103 min.) and in 1998-2000. (116 min.)

Video applications' price is **€15**.



The same book has a second edition in Spanish, it costs €35.



20. ADDITIONAL INFORMATION

The additional information can be found at <http://vitrycup.com/>, Facebook Vitry Cup Junior

21. TRAINING CAMP



From 02 to 14 July in the gym POMPEU FABRA, Lloret de Mar, (http://www.lloret.cat/catala/img/fotos/ESPORTS/PAVELLO_POMPEU.gif) a training camp of rhythmic gymnastics will be held. For details and information contact **Marina Antropova**: sportsbor2016@gmail.com or antropovama@bk.ru



